

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mestdagh Hanne HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:1, starttime: 14:20

Heat: 1/10 Lane : 4 Athlete: CALLEWAERT ANTHE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:2, starttime: 14:25

Heat: 2/10 Lane : 1 Athlete: SALEMPIER BABETTE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): 01:48.75 SB: no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:2, starttime: 14:25

Heat: 2/10 Lane : 4 Athlete: POSTOLACHI MARIE-LOU

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:2, starttime: 14:25

Heat: 2/10 Lane : 7 Athlete: LALOO PAULINE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 14:25

Heat: 3/10 Lane : 2 Athlete: VAN HULLE ENID

Q-time: 02:03:08

PB (25m pool): 02:03.08 Diksmuide 28/12/2025

PB (50m pool): no time SB: 02:03.08 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:58.25		02:03.08	
		00:58.25		01:04.83	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:5, starttime: 14:30

Heat: 5/10 Lane : 4 Athlete: VAN TIEGHEM SUZAN

Q-time: 01:39:72

PB (25m pool): 01:39.72 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:39.72 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.27		01:39.72	
		00:45.27		00:54.45	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:5, starttime: 14:30

Heat: 5/10 Lane : 7 Athlete: LOCCUFIER FLEUR

Q-time: 01:41:77

PB (25m pool): 01:41.77 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:41.77 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.43		01:41.77	
		00:48.43		00:53.34	
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:7, starttime: 14:35

Heat: 7/10 Lane : 2 Athlete: DEWITTE ELISE				Q-time: 01:34:41
PB (25m pool): 01:34.41 Temse 17/11/2025				PB (50m pool): 01:43.96 SB: 01:34.41 Temse 17/11/2025
25 M	50 M	75 M	100 M	
PB	00:44.69		01:34.41	
	00:44.69		00:49.72	
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Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:7, starttime: 14:35

Heat: 7/10 Lane : 6 Athlete: VINTER LOUISE				Q-time: 01:34:10
PB (25m pool): 01:34.10 Diksmuide 28/12/2025				PB (50m pool): no time SB: 01:34.10 Diksmuide 28/12/2025
25 M	50 M	75 M	100 M	
PB	00:44.08		01:34.10	
	00:44.08		00:50.02	
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Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:8, starttime: 14:40

Heat: 8/10 Lane : 1 Athlete: BEAUPREZ ELOISE				Q-time: 01:32:63
PB (25m pool): 01:32.63 Diksmuide 28/12/2025				PB (50m pool): no time SB: 01:32.63 Diksmuide 28/12/2025
25 M	50 M	75 M	100 M	
PB	00:43.72		01:32.63	
	00:43.72		00:48.91	
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Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:9, starttime: 14:40

Heat: 9/10 Lane : 7 Athlete: KIELB KORNELIA				Q-time: 01:28:17
PB (25m pool): 01:28.17 Temse 17/11/2025				PB (50m pool): 01:38.68 SB: 01:28.17 Temse 17/11/2025
25 M	50 M	75 M	100 M	
PB	00:41.83		01:28.17	
	00:41.83		00:46.34	
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Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:9, starttime: 14:40

Heat: 9/10 Lane : 8 Athlete: BITU MARIE

Q-time: 01:28:50

PB (25m pool): 01:27.86 Zwevegem 05/03/2023

PB (50m pool): 01:32.03 SB: 01:31.53 Diksmuide 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:27.86	
		no time			
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:10, starttime: 14:40

Heat: 10/10 Lane : 2 Athlete: ANDRIES FEBE

Q-time: 01:22:15

PB (25m pool): 01:22.15 Diksmuide 12/10/2025

PB (50m pool): 01:22.66 SB: 01:22.15 Diksmuide 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.32		01:22.15	
		00:38.32		00:43.83	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:10, starttime: 14:40

Heat: 10/10 Lane : 4 Athlete: MESTDAGH LAURE

Q-time: 01:18:68

PB (25m pool): 01:15.31 Brugge 20/10/2024

PB (50m pool): 01:18.87 SB: 01:18.68 Gent 09/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.56		01:15.31	
		00:35.56		00:39.75	
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:2, starttime: 14:45

Heat: 2/10 Lane : 3 Athlete: DURAND JACK

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:2, starttime: 14:45

Heat: 2/10 Lane : 5 Athlete: SCHRAMME ARTHUR

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:8, starttime: 15:00

Heat: 8/10 Lane : 5 Athlete: VERSTRAETE HENRI

Q-time: 01:35:45

PB (25m pool): 01:35.45 Zwevegem 11/05/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.39		01:35.45	
		00:45.39		00:50.06	
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:9, starttime: 15:05

Heat: 9/10 Lane : 1 Athlete: MICHELS LOUIS

Q-time: 01:32:30

PB (25m pool): 01:32.30 Diksmuide 28/12/2025

PB (50m pool): 01:36.11 SB: 01:32.30 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.48		01:32.30	
		00:44.48		00:47.82	
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:9, starttime: 15:05

Heat: 9/10 Lane : 5 Athlete: CALLEWAERT EBEN

Q-time: 01:24:44

PB (25m pool): 01:24.44 Temse 17/11/2025

PB (50m pool): 01:30.32 SB: 01:24.44 Temse 17/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.86		01:24.44	
		00:39.86		00:44.58	
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:1, starttime: 15:10

Heat: 1/10 Lane : 3 Athlete: BEAUPREZ ELOISE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:1, starttime: 15:10

Heat: 1/10 Lane : 4 Athlete: VAN TIEGHEM SUZAN

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:1, starttime: 15:10

Heat: 1/10 Lane : 7 Athlete: VAN HULLE ENID

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:2, starttime: 15:10

Heat: 2/10 Lane : 3 Athlete: DEVOLDER ALICE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:3, starttime: 15:15

Heat: 3/10 Lane : 3 Athlete: DICKX MIRA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:3, starttime: 15:15

Heat: 3/10 Lane : 7 Athlete: VINTER LOUISE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:3, starttime: 15:15

Heat: 3/10 Lane : 8 Athlete: POSTOLACHI MARIE-LOU

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:7, starttime: 15:20

Heat: 7/10 Lane : 2 Athlete: SALEMPIER BABETTE

Q-time: 01:24:10

PB (25m pool): 01:24.10 WAREGEM 27/09/2025

PB (50m pool): no time SB: 01:24.10 WAREGEM 27/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:24.10	
	no time				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:7, starttime: 15:20

Heat: 7/10 Lane : 4 Athlete: BITU MARIE

Q-time: 01:19:43

PB (25m pool): 01:19.02 Diksmuide 10/03/2024

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.02	
		no time			
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:8, starttime: 15:25

Heat: 8/10 Lane : 3 Athlete: DEWITTE ELISE

Q-time: 01:16:31

PB (25m pool): 01:16.31 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:16.31 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.04		01:16.31	
		00:35.04		00:41.27	
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:9, starttime: 15:25

Heat: 9/10 Lane : 4 Athlete: ANDRIES FEBE

Q-time: 01:12:85

PB (25m pool): 01:12.85 WAREGEM 27/09/2025

PB (50m pool): no time SB: 01:12.85 WAREGEM 27/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.85	
		no time			
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:10, starttime: 15:30

Heat: 10/10 Lane : 6 Athlete: MESTDAGH LAURE

Q-time: 01:10:31

PB (25m pool): 01:10.31 Meulebeke 06/04/2025

PB (50m pool): no time SB: 01:10.92 WAREGEM 27/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.31	
		no time			
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 5: 100M MEDLEY MEN 11+

Heat:2, starttime: 15:30

Heat: 2/11 Lane : 6 Athlete: DURAND JACK

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:6, starttime: 15:40

Heat: 6/11 Lane : 5 Athlete: SCHRAMME ARTHUR

Q-time: 01:29:69

PB (25m pool): 01:29.69 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:29.69 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.85		01:29.69	
		00:41.85		00:47.84	
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:7, starttime: 15:45

Heat: 7/11 Lane : 8 Athlete: MICHELS LOUIS

Q-time: 01:27:77

PB (25m pool): 01:27.77 WAREGEM 27/09/2025

PB (50m pool): no time SB: 01:27.77 WAREGEM 27/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:27.77	
		no time			
	

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:1, starttime: 16:25

Heat: 1/8 Lane : 4 Athlete: LALOO PAULINE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
		no time						

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:2, starttime: 16:25

Heat: 2/8 Lane : 3 Athlete: LOCCUFIER FLEUR

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:3, starttime: 16:30

Heat: 3/8 Lane : 2 Athlete: CALLEWAERT ANTHE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:4, starttime: 16:35

Heat: 4/8 Lane : 3 Athlete: DEVOLDER ALICE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:5, starttime: 16:40

Heat: 5/8 Lane : 4 Athlete: KIELB KORNELIA

Q-time: 03:18:58

PB (25m pool): 03:18.58 Diksmuide 09/03/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M	
PB		00:46.08		01:36.45		02:28.53		03:18.58	
	00:46.08			00:50.37		00:52.08		00:50.05	
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:6, starttime: 16:45

Heat: 6/8 Lane : 2 Athlete: DICKX MIRA

Q-time: 03:12:45

PB (25m pool): 03:12.45 Diksmuide 09/03/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.95		01:35.23		02:25.38		03:12.45
		00:45.95		00:49.28		00:50.15		00:47.07

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:8, starttime: 17:30

Heat: 8/10 Lane : 2 Athlete: VERSTRAEET HENRI

Q-time: 02:53:75

PB (25m pool): 02:53.75 Diksmuide 09/03/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:53.75
		no time						

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:9, starttime: 17:30

Heat: 9/10 Lane : 8 Athlete: CALLEWAERT EBEN

Q-time: 02:49:32

PB (25m pool): 02:49.32 Diksmuide 09/03/2025

PB (50m pool): 02:57.25 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.76		01:23.17		02:06.59		02:49.32
		00:40.76		00:42.41		00:43.42		00:42.73

Coach feedback:

Event number: 9: 4x100M FREESTYLE WOMEN 11+

Heat:1, starttime: 17:40

Heat: 1/1 Lane : 5 Athlete: TEAM BZK 1

Q-time: 04:18:61

PB (25m pool):

PB (50m pool): SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								

	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								

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Coach feedback: