

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mestdag Hanne HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 14:20
Heat: 1/10 Lane : 4 Athlete: CALLEWAERT ANTHE					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 14:25
Heat: 2/10 Lane : 1 Athlete: SALEMBIER BABETTE					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): 01:48.75 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 14:25
Heat: 2/10 Lane : 4 Athlete: POSTOLACHI MARIE-LOU					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 14:25
Heat: 2/10 Lane : 7 Athlete: LALOO PAULINE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 14:25
Heat: 3/10 Lane : 2 Athlete: VAN HULLE ENID					Q-time: 02:03:08
PB (25m pool): 02:03.08 Diksmuide 28/12/2025 PB (50m pool): no time SB: 02:03.08 Diksmuide 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:58.25		02:03.08	
	00:58.25 01:04.83				
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 14:30
Heat: 5/10 Lane : 4 Athlete: VAN TIEGHEM SUZAN					Q-time: 01:39:72
PB (25m pool): 01:39.72 Diksmuide 28/12/2025 PB (50m pool): no time SB: 01:39.72 Diksmuide 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.27		01:39.72	
	00:45.27 00:54.45				
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 14:30
Heat: 5/10 Lane : 7 Athlete: LOCCUFIER FLEUR					Q-time: 01:41:77
PB (25m pool): 01:41.77 Diksmuide 28/12/2025 PB (50m pool): no time SB: 01:41.77 Diksmuide 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.43		01:41.77	
	00:48.43 00:53.34				
	

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 14:35
Heat: 7/10 Lane : 2 Athlete: DEWITTE ELISE					Q-time: 01:34:41
PB (25m pool): 01:34.41 Temse 17/11/2025			PB (50m pool): 01:43.96 SB: 01:34.41 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.69		01:34.41	
	00:44.69		00:49.72		
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 14:35
Heat: 7/10 Lane : 6 Athlete: VINTER LOUISE					Q-time: 01:34:10
PB (25m pool): 01:34.10 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:34.10 Diksmuide 28/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.08		01:34.10	
	00:44.08		00:50.02		
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 14:40
Heat: 8/10 Lane : 1 Athlete: BEAUPREZ ELOISE					Q-time: 01:32:63
PB (25m pool): 01:32.63 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:32.63 Diksmuide 28/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.72		01:32.63	
	00:43.72		00:48.91		
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 14:40
Heat: 9/10 Lane : 7 Athlete: KIELB KORNELIA					Q-time: 01:28:17
PB (25m pool): 01:28.17 Temse 17/11/2025			PB (50m pool): 01:38.68 SB: 01:28.17 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.83		01:28.17	
	00:41.83		00:46.34		
	

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 14:40
Heat: 9/10 Lane : 8 Athlete: BITU MARIE					Q-time: 01:28:50
PB (25m pool): 01:27.86 Zwevegem 05/03/2023					PB (50m pool): 01:32.03 SB: 01:31.53 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:27.86	
	no time				
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:10, starttime: 14:40
Heat: 10/10 Lane : 2 Athlete: ANDRIES FEBE					Q-time: 01:22:15
PB (25m pool): 01:22.15 Diksmuide 12/10/2025					PB (50m pool): 01:22.66 SB: 01:22.15 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.32		01:22.15	
	00:38.32 00:43.83				
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:10, starttime: 14:40
Heat: 10/10 Lane : 4 Athlete: MESTDAGH LAURE					Q-time: 01:18:68
PB (25m pool): 01:15.31 Brugge 20/10/2024					PB (50m pool): 01:18.87 SB: 01:18.68 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.56		01:15.31	
	00:35.56 00:39.75				
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 14:45
Heat: 2/10 Lane : 3 Athlete: DURAND JACK					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

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Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 14:45
Heat: 2/10 Lane : 5 Athlete: SCHRAMME ARTHUR					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:8, starttime: 15:00
Heat: 8/10 Lane : 5 Athlete: VERSTRAETE HENRI					Q-time: 01:35:45
PB (25m pool): 01:35.45 Zwevegem 11/05/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.39		01:35.45	
	00:45.39 00:50.06				
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:9, starttime: 15:05
Heat: 9/10 Lane : 1 Athlete: MICHELS LOUIS					Q-time: 01:32:30
PB (25m pool): 01:32.30 Diksmuide 28/12/2025 PB (50m pool): 01:36.11 SB: 01:32.30 Diksmuide 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.48		01:32.30	
	00:44.48 00:47.82				
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:9, starttime: 15:05
Heat: 9/10 Lane : 5 Athlete: CALLEWAERT EBEN					Q-time: 01:24:44
PB (25m pool): 01:24.44 Temse 17/11/2025 PB (50m pool): 01:30.32 SB: 01:24.44 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.86		01:24.44	
	00:39.86 00:44.58				
	

Coach feedback:

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Event number: 4: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 15:10
Heat: 1/10 Lane : 3 Athlete: BEAUPREZ ELOISE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 15:10
Heat: 1/10 Lane : 4 Athlete: VAN TIEGHEM SUZAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 15:10
Heat: 1/10 Lane : 7 Athlete: VAN HULLE ENID					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 15:10
Heat: 2/10 Lane : 3 Athlete: DEVOLDER ALICE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

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Event number: 4: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:15
Heat: 3/10 Lane : 3 Athlete: DICKX MIRA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:15
Heat: 3/10 Lane : 7 Athlete: VINTER LOUISE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:15
Heat: 3/10 Lane : 8 Athlete: POSTOLACHI MARIE-LOU					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:20
Heat: 7/10 Lane : 2 Athlete: SALEMBIER BABETTE					Q-time: 01:24:10
PB (25m pool): 01:24.10 WAREGEM 27/09/2025 PB (50m pool): no time SB: 01:24.10 WAREGEM 27/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:24.10	
	no time				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:20
Heat: 7/10 Lane : 4 Athlete: BITU MARIE					Q-time: 01:19:43
PB (25m pool): 01:19.02 Diksmuide 10/03/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.02	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:25
Heat: 8/10 Lane : 3 Athlete: DEWITTE ELISE					Q-time: 01:16:31
PB (25m pool): 01:16.31 Diksmuide 28/12/2025					PB (50m pool): no time SB: 01:16.31 Diksmuide 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.04		01:16.31	
	00:35.04 00:41.27				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 15:25
Heat: 9/10 Lane : 4 Athlete: ANDRIES FEBE					Q-time: 01:12:85
PB (25m pool): 01:12.85 WAREGEM 27/09/2025					PB (50m pool): no time SB: 01:12.85 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.85	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 15:30
Heat: 10/10 Lane : 6 Athlete: MESTDAGH LAURE					Q-time: 01:10:31
PB (25m pool): 01:10.31 Meulebeke 06/04/2025					PB (50m pool): no time SB: 01:10.92 WAREGEM 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.31	
	no time				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 5: 100M MEDLEY MEN 11+					Heat:2, starttime: 15:30
Heat: 2/11 Lane : 6 Athlete: DURAND JACK					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:6, starttime: 15:40
Heat: 6/11 Lane : 5 Athlete: SCHRAMME ARTHUR					Q-time: 01:29:69
PB (25m pool): 01:29.69 Diksmuide 28/12/2025 PB (50m pool): no time SB: 01:29.69 Diksmuide 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.85		01:29.69	
	00:41.85 00:47.84				
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:7, starttime: 15:45
Heat: 7/11 Lane : 8 Athlete: MICHELS LOUIS					Q-time: 01:27:77
PB (25m pool): 01:27.77 WAREGEM 27/09/2025 PB (50m pool): no time SB: 01:27.77 WAREGEM 27/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:27.77	
	no time				
	

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:25	
Heat: 1/8 Lane : 4 Athlete: LALOO PAULINE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 16:25	
Heat: 2/8 Lane : 3 Athlete: LOCCUFIER FLEUR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:30	
Heat: 3/8 Lane : 2 Athlete: CALLEWAERT ANTHE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 16:35	
Heat: 4/8 Lane : 3 Athlete: DEVOLDER ALICE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 16:40	
Heat: 5/8 Lane : 4 Athlete: KIELB KORNELIA							Q-time: 03:18:58	
PB (25m pool): 03:18.58 Diksmuide 09/03/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.08		01:36.45		02:28.53		03:18.58
	00:46.08		00:50.37		00:52.08		00:50.05	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:45	
Heat: 6/8 Lane : 2 Athlete: DICKX MIRA							Q-time: 03:12:45	
PB (25m pool): 03:12.45 Diksmuide 09/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.95		01:35.23		02:25.38		03:12.45
	00:45.95		00:49.28		00:50.15		00:47.07	

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 17:30	
Heat: 8/10 Lane : 2 Athlete: VERSTRAETE HENRI							Q-time: 02:53:75	
PB (25m pool): 02:53.75 Diksmuide 09/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:53.75
	no time							

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+							Heat:9, starttime: 17:30	
Heat: 9/10 Lane : 8 Athlete: CALLEWAERT EBEN							Q-time: 02:49:32	
PB (25m pool): 02:49.32 Diksmuide 09/03/2025				PB (50m pool): 02:57.25 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.76		01:23.17		02:06.59		02:49.32
	00:40.76		00:42.41		00:43.42		00:42.73	

Coach feedback:

Event number: 9: 4x100M FREESTYLE WOMEN 11+							Heat:1, starttime: 17:40	
Heat: 1/1 Lane : 5 Athlete: TEAM BZK 1							Q-time: 04:18:61	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								

	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								

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Coach feedback: